

BELEGUNGSPLAN – FITNESS-CENTER / KRAFTRAUM

KW 47 / 2023

| Zeit  | Montag<br>20.11. | Dienstag<br>21.11. | Mittwoch<br>22.11. | Donnerstag<br>23.11. | Freitag<br>24.11. | Samstag<br>25.11. | Sonntag<br>26.11. | Zeit  |
|-------|------------------|--------------------|--------------------|----------------------|-------------------|-------------------|-------------------|-------|
| 07:00 |                  |                    |                    |                      |                   |                   |                   | 07:00 |
| 08:00 |                  |                    |                    |                      |                   |                   |                   | 08:00 |
| 09:00 |                  |                    |                    |                      |                   |                   |                   | 09:00 |
| 10:00 |                  |                    |                    |                      |                   |                   |                   | 10:00 |
| 11:00 |                  |                    |                    |                      |                   |                   |                   | 11:00 |
| 12:00 |                  |                    |                    |                      |                   |                   |                   | 12:00 |
| 13:00 |                  |                    |                    |                      |                   |                   |                   | 13:00 |
| 14:00 |                  |                    |                    |                      |                   |                   |                   | 14:00 |
| 15:00 |                  |                    |                    |                      |                   |                   |                   | 15:00 |
| 16:00 |                  |                    |                    |                      |                   |                   |                   | 16:00 |
| 17:00 |                  |                    |                    |                      |                   |                   |                   | 17:00 |
| 18:00 |                  |                    |                    |                      |                   |                   |                   | 18:00 |
| 19:00 |                  |                    |                    |                      |                   |                   |                   | 19:00 |
| 20:00 |                  |                    |                    |                      |                   |                   |                   | 20:00 |
| 21:00 |                  |                    |                    |                      |                   |                   |                   | 21:00 |
| 22:00 |                  |                    |                    |                      |                   |                   |                   | 22:00 |
| 23:00 |                  |                    |                    |                      |                   |                   |                   | 23:00 |
| 00:00 |                  |                    |                    |                      |                   |                   |                   | 00:00 |