

BELEGUNGSPLAN – FITNESS-CENTER / KRAFTRAUM

KW 10 / 2022

| Zeit  | Montag<br>07.03. | Dienstag<br>08.03. | Mittwoch<br>09.03. | Donnerstag<br>10.03. | Freitag<br>11.03. | Samstag<br>12.03. | Sonntag<br>13.03. | Zeit  |
|-------|------------------|--------------------|--------------------|----------------------|-------------------|-------------------|-------------------|-------|
| 07:00 |                  |                    |                    |                      |                   |                   |                   | 07:00 |
| 08:00 |                  |                    |                    |                      |                   |                   |                   | 08:00 |
| 09:00 |                  |                    |                    |                      |                   |                   |                   | 09:00 |
| 10:00 |                  |                    |                    |                      |                   |                   |                   | 10:00 |
| 11:00 |                  |                    |                    |                      |                   |                   |                   | 11:00 |
| 12:00 |                  |                    |                    |                      |                   |                   |                   | 12:00 |
| 13:00 |                  |                    |                    |                      |                   |                   |                   | 13:00 |
| 14:00 |                  |                    |                    |                      |                   |                   |                   | 14:00 |
| 15:00 |                  |                    |                    |                      |                   |                   |                   | 15:00 |
| 16:00 |                  |                    |                    |                      |                   |                   |                   | 16:00 |
| 17:00 |                  |                    |                    |                      |                   |                   |                   | 17:00 |
| 18:00 |                  |                    |                    |                      |                   |                   |                   | 18:00 |
| 19:00 |                  |                    |                    |                      |                   |                   |                   | 19:00 |
| 20:00 |                  |                    |                    |                      |                   |                   |                   | 20:00 |
| 21:00 |                  |                    |                    |                      |                   |                   |                   | 21:00 |
| 22:00 |                  |                    |                    |                      |                   |                   |                   | 22:00 |
| 23:00 |                  |                    |                    |                      |                   |                   |                   | 23:00 |
| 00:00 |                  |                    |                    |                      |                   |                   |                   | 00:00 |